Thursday Appointment

Participants: Krystle

Krystle Sep 17, 9:24 AM

Hi Mr. Fouts,

My name is Krystle, and I am the nurse manager for the neurology clinics at UK. I've been reviewing your messages and concerns, and I see that a lot of information has been shared back and forth. To help make things easier and be sure you get the right care, Dr. Jicha has scheduled a telehealth visit for you tomorrow, Thursday, 9/18/25, at 11:00 AM.

Since this visit is at the same time as your Botox appointment, we will go ahead and cancel the Botox for tomorrow. After your visit with Dr. Jicha, we'll work together to set up any follow-up appointments you may need.

If you have any questions in the meantime, please don't hesitate to reach out. We look forward to seeing you virtually tomorrow at 11:00 AM.

Thank you,
Krystle, RN

You Sep 18, 1:17 AM

I DO NOT CONSENT to Dr. Jicha (or anyone acting on his behalf) leading my medical care.

I will meet with him this one time only as a follow-up because urgent clinical issues were repeatedly ignored and require acknowledgment in the record.

Reason for Limited Attendance

Multiple documented, time-sensitive findings and unresolved follow-up requests exist in my chart, including but not limited to:

Abnormal FDG-PET results showing regional cortical hypometabolism.

Documented new spinal lesions (T7/T8 and L2).

Persistent abnormal laboratory results.

These were not addressed in prior visits. I am attending solely to secure

an immediate, documented plan, appropriate specialist referrals, and second opinions.

Required Actions for Today's Visit

Written acknowledgment of my FDG-PET result noting hypometabolism and the radiology interpretation suggesting possible frontotemporal involvement.

Correction of chart language: Confirmation that my spinal lesions (T7/T8 and L2) are new, not congenital.

Immediate referrals to:

Behavioral/Cognitive Neurology

Neurosurgery/Spine Oncology

Infectious Disease (for fungal/mycotoxin workup: Fungitell + RealTime Labs)

Hematology

Vascular Surgery

Outstanding urgent testing orders (already requested multiple times):

Doppler/CTA for lower extremity discoloration

Biopsy or PET/MRI correlation for spinal lesions if recommended by responsive specialists

1 attachment

2025-09-18-Dr-Jicha-History-Of-MyChart-Messages-And-Lack-Of-Any-Concern-Negligence.pdf

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You Sep 18, 1:18 AM

Repeat testing:

FDG-PET (brain and spine)

Lumbar puncture

Botox for migraine and occipital headaches

NeuroQuant at a certified NeuroQuant facility

Repeat brain + spine MRI (without contrast or with iron contrast, as before)

Brain MRI with CSF protocol

Brainstem MRI for worsening autonomic dysfunction

Documentation Expectations

These items must be entered into my chart today — not merely discussed verbally.

Any attempt to minimize, mislabel, or omit these findings must be corrected in writing.

If Dr. Jicha cannot or will not provide these referrals/orders, he (or clinic staff) must explicitly decline in writing and provide the name and contact of the clinician who will assume responsibility for urgent coordination.

Legal and Ethical Context

I have already requested a formal complaint against Dr. Jicha. Assigning him to lead my care after that was inappropriate.

Ellen Kilgore in the EEO office has refused my complaints. UK General Counsel has refused to release a single record for me or my child.

Due to repeated systemic failures, I am bringing legal and medical advocates onto my care team. This visit is the one opportunity to document a cause of action and a clear next-step plan.

Please place a visible note in my chart:
“Patient does NOT consent to Dr. Jicha leading ongoing care; attending this visit only to secure urgent coordination and documentation.”

You Sep 18, 1:18 AM

Reporting Obligations

Krystle, I believe you want to do the right thing. As a mandated reporter, I will be disclosing protected information to you. I ask that you take this information to law enforcement on my behalf. I need a secure way to contact you.

Thank you. I expect prompt, factual documentation and appropriate referrals.

— John R. Fouts

You Sep 18, 1:23 AM

Please see the attached for basic information on my spiritual faith based association - Upward Spirals Association - it is important for this to be in

the front of my chart in one way or another. I have a much larger doctrine file but I am very tired and need rest desperately. I will attach two ada accommodations letters separately.

2 attachments

2025-06-18-EIN-Letter-Upward_Spirals_EIN_Declaration_Corrected_Format.pdf

2025-05-24-Ministry-Declaration-Summary-for-Advocacy-and-Civil-Rights-John-R-Fouts-1.pdf

You Sep 18, 1:25 AM

ADA Accommodations letters to be kept in the front of my chart - one way or another - also....I also remain displaced due to unlawful eviction without cause in violation of many laws - ADA, VAWA, 1915c, Section 504, Olmstead Act, Mainstream Voucher protections, and more....didn't protect us at all... (meaning me and my child)....I attached also Dr. Vaughn's letter regarding medical fragility. Please confirm you can read each of the letters and keep them front and center also in my chart.

3 attachments

14-2025-09-02-Grounded-Serpent-Fouts ADA letter-Signed-Dr-Brown.pdf

14-2025-09-14-Dr-Shaikun-ADA-Notes-How-Important-Stability-and-Medical-Access-ADA-Accommodations-and-Dangers-of-Displacement.pdf

EXHIBIT-EMERGENCY MEDICAL-NECESSITY-LETTER-DR-JORDAN-VAUGHN-URGENT-HOUSING-ACCOMMODATIONS.pdf

You Sep 18, 1:29 AM

I will need to send you separate letters on TNFRSF13B Deficiency and VAWA specifically, and will do so after my visit tomorrow.

I want to bring to your attention that bone cancer has been listed in my chart? No one ever told 'me' that I have bone cancer! I need to know who put it in - when it was put in - for what reason it was put in - what evidence supports this diagnosis, and more...

Also many other things such as neuroquant showing volumetric profound atrophy is not even noted in my chart despite severity of findings. So what gives.....these are two of over a hundred errors.

3 attachments

2025-09-18-Part-1-JRF-UK-Clinic-MyChart - Health Summary.pdf

2022-08-03-TMS-John-Fouts-NeuroQuant-Morphology-Reports.pdf

2025-09-18-Part-2-JRF-UK-Clinic-MyChart - Health Summary.pdf

You Sep 18, 1:30 AM

and I am attaching some CIRS related findings too that remain unaddressed and I likely could have a fungal infection on the loose now (for years - without appropriate treatment or follow up care as well)...

3 attachments

- 2025-09-18-Pulled-at-1-03-am-MyChart - Health Issues.pdf
- 2025-09-18-Dr-Jicha-History-Of-MyChart-Messages-And-Lack-Of-Any-Concern-Negligence.pdf
- 2023-08-18-Fungitell-Serial-Positive-Results-Over-400-Graph-Norton.pdf

You Sep 18, 1:38 AM

Being provided because need help resolving and neurological issues are related directly.

3 attachments

- RealTimeLabs-Fouts-Results.pdf
- 2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_1.pdf
- 2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_2.pdf

You Sep 18, 1:39 AM

Further information - 7 parts to the mold-related-docs

3 attachments

- 2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_3.pdf
- 2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_4.pdf
- 2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_5.pdf

You Sep 18, 1:40 AM

Neuroquant textual portion and rest of mold labs etc....

3 attachments

- 2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_6.pdf

2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_7.pdf

2022-08-03-TMS-John-Fouts-NeuroQuant-Brain-MRI-Report-Textual (1).pdf

You Sep 18, 1:43 AM

One of 2 new tumors found in spine yet they are listed as congenital in my record though they did not appear until 2023 and 2024 - the record falsifications, omissions, minimizations, and fraudulent entries must stop - I do not know why they are so out of line - I work very hard to keep my record accurate and yet it is further and further from where it is meant to be due to provider issues with keeping accurate records and providers not being honest. Some are - don't get me wrong - but many aren't and my record shows this....the mandated reporting part must come to you via a secure contact method. What kind of secure contact exists at UK or anywhere that I can get the protected additional information to you - where I can safely disclose it?

3 attachments

2024-08-27-MRI-UK-John-Fouts-Brain-Brittany-Castle-Neurology.pdf

2017-04-21-Brain-MRI-Results-Mucosal-Thickening-Ethmoid-Cells (1).pdf

2023-02-24-New-Tumor-Discovered-at-T8-Intraosseous-Hemangioma-Thoracic-Spine-MRI.pdf

You Sep 18, 1:47 AM

P.S.
For clarity: I did not consent to the cancellation of my Botox appointment prior to its cancellation. This was done without my authorization. Please reinstate or reschedule Botox immediately, and ensure that any future appointment changes require my explicit consent.

Additionally, I need to know the name of the neurology clinic director and their direct contact information so I can communicate in writing regarding ADA accommodations. I must understand the organizational hierarchy at UK Neurology in order to effectively escalate issues and protect both my safety and my child’s safety at this point.

You Sep 18, 3:51 PM

See attached letter regarding the attempted defamation, mischaracterization, and fraudulent misrepresentation by Dr. Jicha. I am requesting, again, to file a formal complaint, along with written contact information for his direct supervisor. I expect to receive a reply promptly. See attached letter.

1 attachment

2025-09-18-Dr-Jicha-Follow-Up-Notes-To-Appointment-2025-09-18-Involving-Defamation-and-Mischaracterization-and-Further-Falsification-Attempts-By-Medical-Staff.pdf

Krystle Sep 19, 9:50 AM

Hi Mr. Fouts,

Please reach out to Customer Relations at 859-257-2178.

Thank you,
Krystle

You Sep 19, 11:47 PM

Krystle,

Your reply is not responsive to the urgent and specific issues I raised, and it appears you are acting in bad faith.

Unauthorized Appointment Change:

You canceled my Botox appointment for migraine headache without my consent and substituted a telehealth visit with Dr. Jicha. This “bait-and-switch” was not authorized by me and represents coercive care practices. You made it sound as if I had no choice, and had already wrongfully canceled my Botox injection appointment despite the authorization for those injections being invalid after 2025-09-25 according to the scheduling office...

Forced Leadership of Care:

You attempted to unilaterally assign Dr. Jicha as lead for my care despite his previous completely unprofessional and medically negligent lack of follow-up, despite my formal rejection of him due to prior negligence and an open complaint... Forcing this arrangement was and is inappropriate and retaliatory.

Failure and ongoing refusal to address critical findings:

Instead of addressing my documented FDG-PET showing cortical hypometabolism suggestive of frontotemporal involvement, NeuroQuant showing severe atrophy and in alignment with the region of the brain shown to be affected , repeated abnormal labs requiring Infectious Disease evaluation, and new spinal lesions (T7/T8 and L2), the focus was shifted to pathologizing my case as psychiatric/psychological — which is contradicted by overwhelming objective medical evidence.

You Sep 19, 11:48 PM

Record Errors and Falsifications:

I still have no explanation for the fraudulent “Bone Cancer” entry in my record - or if it is not fraudulent any explanation for why I was not told, nor for the minimization/omission of FDG-PET hypometabolism from my medical record, NeuroQuant findings which remain omitted entirely from my record, and other serious data, fraudulent omissions and minimizations such as the TNFRSF13B deficiency of which I am homozygous with the A181E aka c.542C>A mutation (also called TACI deficiency - and highly clinically significant - yet barely is noted in my record) . These are falsifications that must be corrected immediately. ADA accommodations and spiritual beliefs must also be prominently front-forward in my record yet remain invisible...

ADA & RFRA Violations: You have refused to integrate my ADA accommodations, RFRA-protected spiritual organization information, and letters from treating specialists into the front of my chart, despite repeated submissions. This is ongoing discrimination. You stated there was no way to include them in the record that way, but that is not true.

Failure to Provide Supervisory Contact:

You have outright refused to provide the name and direct contact for the Neurology Clinic Director (or any supervising authority). That denial prevents me from escalating as is my right.

You Sep 19, 11:54 PM

Deflection to “Customer Relations”:

You directed me to “Customer Relations” with only a phone number, despite my ADA Accommodations for communication in writing and despite my documentation that they have repeatedly failed to respond. This is another act of obstruction and further violation of ADA Accommodations.

I again demand:

Immediate correction of record errors (including “bone cancer” and omissions of major diagnostic results).

Written acknowledgment in my chart of all abnormal findings, including FDG-PET, NeuroQuant, spinal tumors, abnormal labs, and Doppler flow abnormalities.

Formal filing of a complaint against Dr. Jicha.

The direct written contact of the Neurology Clinic Director and Dr. Jicha’s supervisor.

Reinstatement/rescheduling of my Botox - and reauthorization will be necessary.

Failure or refusal to comply will be treated as deliberate obstruction, falsification, and discrimination, and will be documented for inclusion in pending legal proceedings at this time.

My life is at stake. I am documenting this for the formal legal record.

Sincerely,

/s/ John R. Fouts
John R. Fouts, MBA
Son of a Living Vietnam-War-Era Veteran

P. 502.956.0052 (Text Only - ADA Accommodations - Voicemails and Voice Calls Will Be Ignored)
F. 604.641.2805 (Fax - HIPAA Compliant)
E. icreateupwardspirals@gmail.com | Alt E. torchoftruth@zohomail.com

Archive (prior to being unlawfully banned from saving/uploading)
https://archive.org/details/@jfouts1979

You 11:35 AM

This letter is being copied here as Krystle did not provide me with last name, address, email, fax, nor any other way to contact her - and I am unable to start a new message - however - this does keep all evidence in one place pertaining to Krystle directly, so is appropriate. Please see the attached letter.

1 attachment

2025-09-25-Letter-Gmail - 2025-09-18-Dr-Jicha-Follow-Up-Notes-To-Appointment-2025-09-18-Involving-Defamation-and-Mischaracterization-and-Further-Falsification-Attempts-By-Medical-Staff.pdf

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Please allow up to 72 business hours for a reply.

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